



XS™ **PRODUCT**
GUIDE

XS™ PRODUCT PILLARS

XS™ BRAND IS A PORTFOLIO OF PRODUCTS DESIGNED TO OPTIMIZE PHYSICAL PERFORMANCE, INCLUDING EVERYTHING NECESSARY FOR AN ACTIVE AND ADVENTUROUS LIFESTYLE.

XS™ PRODUCTS ARE DESIGNED TO BE USED AND SHARED THROUGHOUT THE DAY, DELIVERING IMMEDIATE RESULTS.

XS™ BRAND OFFERS A COMPLETE LINE OF GREAT-TASTING ENERGY DRINKS AND SPORTS NUTRITION PRODUCTS TO FUEL YOUR WORKOUTS AND ADVENTURES.



ENERGIZE

IMMEDIATE & SUSTAINED ENERGY.



HYDRATE

QUENCH THIRST AND IMPROVE HYDRATION LEVELS.



STRENGTHEN

BUILD AND MAINTAIN LEAN MUSCLE MASS.



RECOVER

SUPPORT RECOVERY FROM ACTIVE LIFESTYLES†

†This statement has not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

XS™ INNOVATIONS

XS™ BRAND IS ABOUT FUELING ADVENTURE AND EXPLORING NEW, HOT TRENDS AND INGREDIENTS TO HELP YOU EXPERIENCE MORE. THE NEXT BIG THING FROM THE XS™ BRAND IS SPARKLING+ WATERS.





XS™ ENERGY DRINKS

Bursting with the flavors you love, XS™ Energy Drinks are packed with just the right amount of caffeine and B vitamins for a positive energy boost without a sugar crash.

All cans are 8.4 fl. oz. (250 mL) except for XS™ Energy Cafe Mocha - 8 fl. oz. (237 mL)

All cans contain 80 mg of caffeine, except for caffeine-free Mango Pineapple Guava and Cranberry-Grape.

- 124618 Cranberry-Grape
- 124617 Citrus
- 124621 Tropical
- 124619 Lemon
- 124628 Caffeine-free Cranberry-Grape
- 124624 Root Beer
- 124623 Black Cherry Cola
- 124634 Strawberry
- 124622 Wild Berry
- 124625 Classic
- 124627 Summit
- 124626 Naranja
- 124632 Pink Grapefruit
- 124631 Mango Pineapple Guava
- 286159 Cafe Mocha
- 124620 Tamarindo
- 124629 Caffeine-free Mango Pineapple Guava
- 124630 Dragon Fruit
- 124633 Blood Orange





XS™ ENERGY BARS

Made with 9-12 g of protein and non-GMO[‡] ingredients to deliver sustained energy before, during or after workouts and adventures. Not only do these bars boost energy, but they also support recovery with a 3:1 carb to protein ratio. Naturally flavored and with no artificial colors or preservatives, XS™ Energy Bars fuel adventure without fillers.

110845	Blueberry Crunch	12 Bars
110379	Peanut Butter Crunch	12 Bars
110378	Chocolate Chip	12 Bars

XS™ ENERGY + FOCUS DIETARY SUPPLEMENT

Natural caffeine from green tea extract combined with Rhodiola rosea, XS™ Energy + Focus helps maximize physical endurance and increase mental focus during exercise.[†] Research suggests rhodiola rosea supports the body's stress response system, which can help with recovery time so you can get back in the game.[†]

101593	Energy + Focus	60 Tablets
107846	Energy + Focus	30 Tablets (Three 10-tablet blister packs)

[‡]Does not contain genetically engineered ingredients.



ENERGIZE



XS™ INTENSE PRE-WORKOUT BOOST

Fuel your workouts and adventures with XS™ Intense Pre-Workout Boost and feel 3.2 g of **CarnoSyn®†† beta alanine** and a 600 mg energy blend that includes 100 mg of natural caffeine. Plus with 100 mg of **Rhodiola Rosea** and a mega dose of B-vitamins, you get an intense boost of energy without the high levels of caffeine and a sugar crash. With no fillers or artificial flavors, colors or preservatives, you get everything you need and nothing you don't.

- 110371 Citrus Burst 12 Stick Packs
- 110372 Citrus Burst One Tub – 30 servings



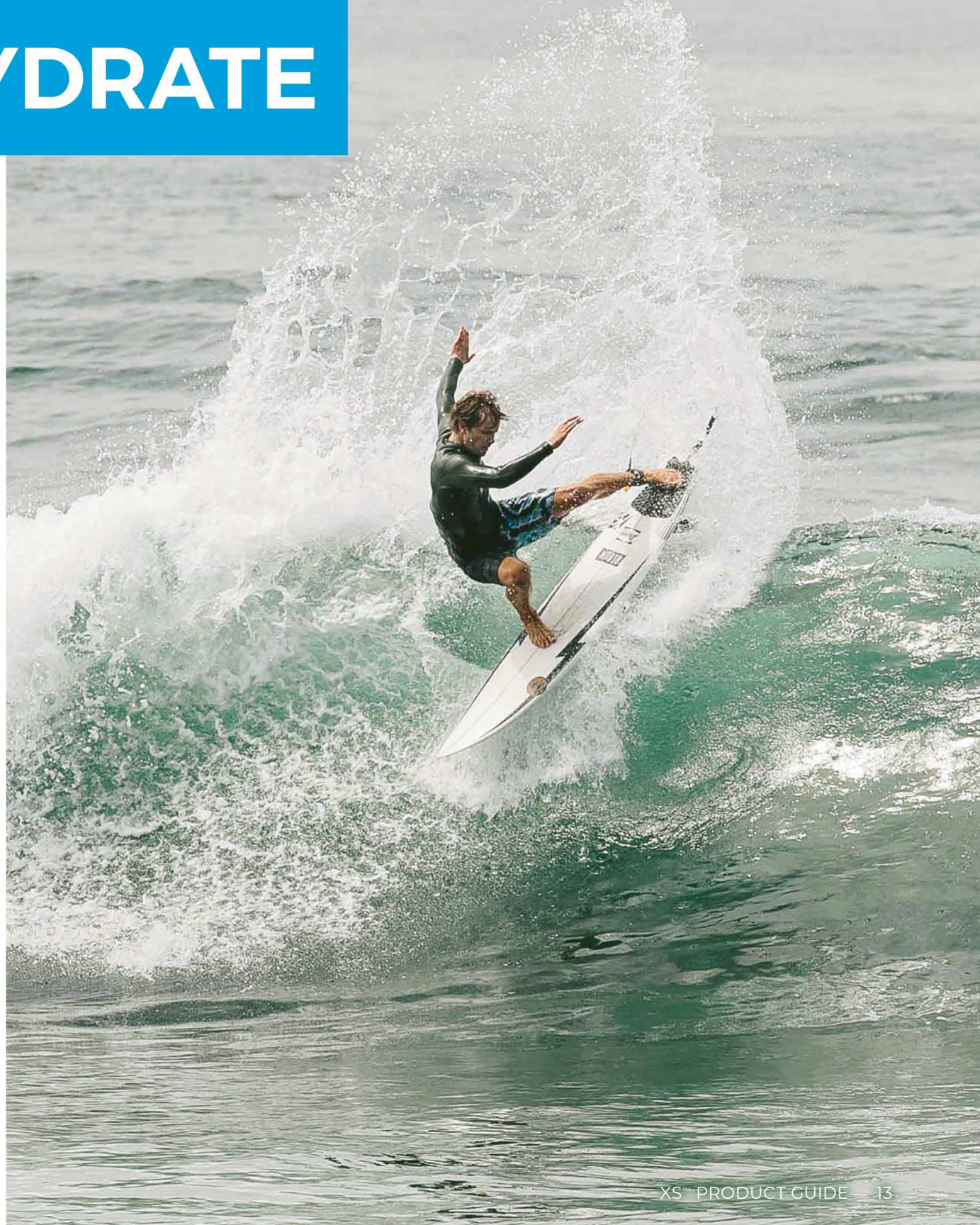
††CarnoSyn® is a registered trademark of Natural Alternatives International, Inc.



XS™ SPORTS TWIST TUBES

Packed with a unique blend called B-Lenium, a combo of B vitamins and selenium that helps fight unwanted free radicals.† A delicious and refreshing flavored hydration supplement designed to help prep your body for any adventure, with just 25 calories and 5 g of sugar. Squeeze a Twist Tube into your water and go!

- 110389** Lemon Lime 20 Tubes
- 110390** Fruit Punch 20 Tubes



HYDRATE



XS™ COCOWATER

Supports hydration by helping replenish electrolytes and antioxidants like Vitamins A, C and E. Packed with B-Vitamins and free from gluten and artificial colors, flavors and preservatives. XS™ CocoWater tastes great and helps you hydrate before, during and after any adventure.

- 110601** Strawberry Watermelon 12 Packets
- 110631** Pineapple Coconut 12 Packets



STRENGTHEN



XS™ PROTEIN CRISPS

Savory and delicious, packed with 12 g of high-quality pea protein per serving. Non-GMO†, dairy free and free from artificial colors, flavors, and preservatives; XS™ Protein Crisps combine real ingredients for a simple, guilt-free snack you can enjoy on the go.

110627 Barbeque 12 Bags
110628 Sriracha Lime 12 Bags

XS™ MUSCLE MULTIPLIER™*,†

Sometimes the hours spent in the gym don't equate to the results you want. A new way to fuel your muscles, it delivers 3.6 g of all nine Essential Amino Acids, in a blend patented to help build lean muscle.† The superior formula is also naturally flavored and free of dairy, sugar, gluten and GMOs‡.

Use XS™ Muscle Multiplier™*,† every day and especially before, during or after a workout to experience more!

110847 Wild Berry One Tub – 30 servings
110862 Dragon Fruit One Tub – 30 servings



*When combined with regular weight/resistance training and a healthy, balanced diet.

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‡Does not contain genetically engineered ingredients.





STRENGTHEN



XS™ PROTEIN PODS

The future of protein powder is here with XS™ Protein Pods. Help build lean muscle with 20 g of Whey Protein Isolate†, packed inside a dissolvable food-grade film. This Keto-friendly formula is creamy and delicious and includes 4.4 g of BCAAs*. With no fillers, fat, gluten, lactose, soy or sugar, these are crucial for helping fuel performance before, during or after workouts and adventures.†

- 300855 Vanilla One Bag - 16 servings
- 300856 Chocolate One Bag - 16 servings



*Branch-Chain Amino Acids.

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XS™ SPORTS PROTEIN SHAKES

Delicious protein shakes that help build and maintain lean muscle mass.† Contains 25 g of whey and casein protein for immediate, convenient protein delivery and to help sustain your body for the long haul.† Unlike many other protein shakes, XS™ Sports Protein Shakes are sweetened with Stevia to avoid high levels of sugar and carbs.

- 110369** Rich Chocolate 12 Shakes
- 110370** Vanilla Crème 12 Shakes

XS™ SPORTS PROTEIN BARS

Powered by 20 g of whey and casein protein, these bars are gluten free and contain no artificial colors, flavors or preservatives. Perfect anytime – before, between and after workouts or adventures.

- 110385** Chocolate Peanut Butter 12 Bars
- 110386** Chocolate Berry Blast 12 Bars



RECOVER



XS™ POST-WORKOUT RECOVERY

A full workout includes recovery time. Help replenish muscle glycogen to support muscle recovery and get you back in action fast.† Created with a blend of Nutrilite™-approved turmeric and glucosamine to support joint health and get your body ready to conquer that next session.†

110374 Cherry Lemonade One Tub - 20 servings



XS™ CBD COOL SPRAY & CREAMS

Cooling sensation is enhanced by CoolAct® 10, a quick-acting, long-lasting sensory agent.



Use CBD products before, during or after an adventure or workout. These products contain 250 mg to 400 mg of CBD derived from phytocannabinoid-rich (PCR) hemp, which is paired with a premium blend of Arnica Montana, Menthol and Aloe Vera. All XS™ CBD products are dermatologist, allergy and safety tested and are not tested on animals.

- 296753** CBD Cream 2 oz. - 20-30 uses
- 296498** CBD Cool Spray 2 fl. oz. - 20-30 uses
- 300323** CBD Pro Cream 2 oz. - 20-30 uses

Warming sensation is enhanced by HotAct®, a quick-acting sensory agent.



