



**PROTEIN
PODS**
100% WHEY PROTEIN
24g-25g PER SERVING

OPTIMUM NUTRITION®
100% WHEY PROTEIN
PROTEIN POWDER
31g PER SERVING

MUSCLE MILK®
GENUINE PROTEIN POWDER
70g PER SERVING

VADE NUTRITION®
DISSOLVABLE PROTEIN PACKS
24g-25g PER SERVING

BODY FORTRESS®
PROTEIN PACKS
27.5g PER SERVING

CALORIES	90	120	280	90	100
PROTEIN	20g	24g	32g	20g	20g
SUGAR	0	1g	3g	0	<1g
ADDED BCAAs	4.4g	5.5g	0	4.4g	4.5g
ARTIFICIAL FLAVORS / ARTIFICIAL SWEETENERS	NO	YES	YES	YES	YES
SOY FREE	YES	NO	YES	NO	NO